

Issaquah Sammamish Food Project

Here is a list of foods and toiletries in order of need:

1. Hearty Soup (Progresso, Campbell's Chunky, etc.)
2. Canned Tuna/Chicken/Salmon/Spam
3. Peanut Butter (16 oz containers only please)
4. Pasta/Pasta Sauce
5. Chili
6. Canned Pasta (Chef Boyardee, Annies)
7. Hamburger Helper/Pasta Roni/Rice a Roni (or other boxed meal)
8. Rice (2 lb bags only please)
9. Mac/Cheese
10. Protein Bars and individual snacks for kids

Toiletries (In order of lowest inventory/highest need.)

1. Diapers sizes 4,5,6
2. Incontinence Pull Ups (Men's/Women's/Unisex all sizes)
3. Feminine Maxi pads (not mini pads or thins)
4. Baby Wipes
5. Shampoo